

“I am a 14-year-old from East Preston, before coming to the program, I stayed in the house a fair bit, not really getting out with other kids my age. I could not understand why kids did not want to hang around with me, not only at home but also at school.

I was shy and kept to myself, my grades were not the best, but I was trying. With the help of Frontier, I learned that part of the reason I was shy was because my communication skills were not good, I didn't know how to get my conversations going.

I started the Garden Program and went weekly, we read, and I made some really cool friends. My confidence got better, and I was able to get more involved with people talking. I am learning that without reading on a regular basis, it changes how I interact with people. I am so thankful to Frontier College for giving me more confidence and teaching me the importance of reading.”

